

I CAN WEAR A MASK
LIKE A
SUPERHERO!



When I leave my house, or talk to different people, I have to wear a mask on my face.

The mask covers my nose and mouth, and keeps me and the people around me from getting sick.



I know I need to keep the mask over my nose and mouth, even if it's uncomfortable.



It might rub on my nose, or make me feel sweaty and hot.

Even if I don't like wearing it...



I know the mask is good for me!



If it bothers me too much, I will ask my mom or dad if I can take it off, and they will let me know if it is safe.

They might take me outside or to another spot so I can take it off.



When I get home, I can take the mask off! It feels great.



I know I did a good job by keeping my mask on, and that makes me happy.